GRT JEWELLERS
Since 1964

DISCOVER YOUR RING SIZE

TECHNIQUE 1: WITHOUT YOUR EXISTING RING

STEP:1

Take a piece of paper or string that is non-elastic.

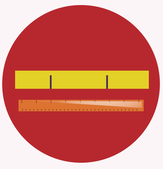
STEP:2

Wrap the paper/string around the base of the finger for which you want the ring. It should not fit too tightly or be too loose.

STEP:3

Mark the paper/string from where it starts and ends to wrap your finger fully.

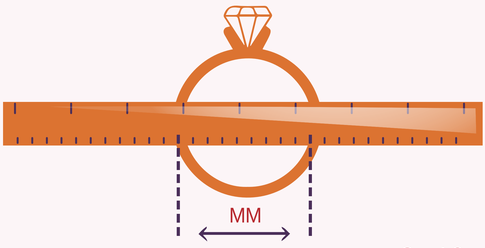
STEP:4



Measure the distance of the two marks with a ruler. That is the size of the ring you want.

USE THE CHART TO DETERMINE YOUR RING SIZE.

TECHNIQUE 2: WITH YOUR EXISTING RING



STEP:1

Take the ring of your choice and fitting, then place a ruler over it.

STEP:2

Measure the inside diameter of the ring in mm. That is the right size you are looking for.

HERE IS OUR SIZE CHART FOR RINGS, FIND WHICH ONE BEST FITS YOU.

INTERNAL RING DIAMETER	INTERNAL RING CIRCUMFERENCE	RING SIZE
14.6 mm	45.9 mm	6
15 mm	47.1 mm	7
15.3 mm	48.1 mm	8
15.6 mm	49 mm	9
16 mm	50 mm	10
16.2 mm	50.9 mm	11
16.5 mm	51.8 mm	12
16.8 mm	52.8 mm	13
17.2 mm	54 mm	14
17.4 mm	54.6 mm	15
17.8 mm	55.9 mm	16
18.1 mm	56.8 mm	17
18.5 mm	58.1 mm	18
18.8 mm	59 mm	19
19.1 mm	60 mm	20
19.5 mm	61.2 mm	21
19.7 mm	61.9 mm	22
20 mm	62.8 mm	23
20.3 mm	63.8 mm	24
20.6 mm	64.7 mm	25
21 mm	66 mm	26
21.2 mm	66.6 mm	27
21.6 mm	67.9 mm	28
22 mm	69.1 mm	29
22.3 mm	70 mm	30